

Creamy Ranch-Style Dill Dip

Ingredients

- 4 ounces 1/3-less-fat cream cheese, softened
- 3 tablespoons nonfat buttermilk
- 2 tablespoons chopped fresh flat-leaf parsley
- 1 teaspoon chopped fresh dill
- 1/2 teaspoon minced fresh garlic
- 1/4 teaspoon onion powder
- 1/4 teaspoon salt
- 1/4 teaspoon freshly ground black pepper

Preparation

Combine cream cheese and buttermilk in a small bowl, stirring with a whisk until blended. Stir in remaining ingredients.