

Chocolate, Peanut Butter and Banana Smoothie

Ingredients

- 10 oz. low-fat milk
- 2 scoops The Healthy Scoop (chocolate flavor)
- 1/2 cup [Stoneyfield Farms GrassFed Vanilla Yogurt](#)
- 1 tablespoon peanut butter
- 1 frozen banana

Preparation

Put all ingredients in a blender, and blend until smooth.